

# Jennifer White

## Highlights of Qualifications

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- Successfully completed clinical placements in acute care settings at hospitals in the Hamilton area, with a focus on surgical nursing units
- Demonstrated excellent patient care and communication skills that have been recognized by other health care professionals and professors
- Dedicated and motivated learner with excellent critical thinking and problem solving skills
- Exceptional skills in time management, organization, and resource management
- Worked effectively in an interdisciplinary team to provide complete patient care

## Education

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### **Bachelor of Science in Nursing (B.Sc.N.)**

**April 2008**

McMaster-Mohawk Collaborative Nursing Program

- Graduating with an expected 4.0 GPA

## Clinical Experience

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### **Cardiac Intensive Care Unit**

**Hamilton General Hospital, Hamilton**

January 2008 – Present

- Refine critical thinking, problem solving, organization and acute care skills to work effectively with critically ill patients
- Further enhance communication and therapeutic relationships with family members
- Read and interpret cardiac monitor and lab results

### **Thoracic, Head & Neck Surgical Unit**

**St. Joseph's Healthcare, Hamilton**

September 2007 – December 2007

- Developed an excellent understanding of thoracic, head and neck oncology with various complications that arise during therapy
- Provided outstanding patient care while upholding family centred care principles
- Completed observational shifts in the OR and observed a Radical Neck Dissection
- Provided complete nursing care for up to 4 patients; while further assisting with other patients and nurses as needed

### **Maternal Child Unit**

**St. Joseph's Healthcare, Hamilton**

January 2007 – April 2007

- Effectively provided complete care for postpartum mothers and newborn infants; managed up to 3 mothers and 3 newborns
- Completed observational shifts in the Neonatal ICU, Labour & Delivery, and Breastfeeding Clinic
- Successfully acted as a Team Leader for 9 students on two occasions, while upholding open communication with the nursing staff and charge nurse

### **G.I. & General Surgery Unit**

**McMaster University Medical Centre, Hamilton**

September 2006 – December 2006

- Further developed effective medical and surgical interventions and treatments
- Developed excellent therapeutic communication with patients and family members
- Collaborated with various health care professionals to provide excellent patient care

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## **Medical & Geriatric Assessment Units**

**St. Joseph's Healthcare, Hamilton**

January 2006 – April 2006

- Exposed to various interlinked health disorders and physical complications
- Involved in interdisciplinary care of patients

## **G.I. Surgical Unit**

**St. Joseph's Healthcare, Hamilton**

September 2005 – December 2005

- Exposed and practiced medical and surgical treatments and interventions
- Further developed organizational and time management skills

## **Accreditations and licenses**

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- CPR Certification – Health Care Provider
- Mask Fit Test Certification
- Member of the RNAO

## **Additional Experience**

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### **American Sign Language Level 1 Certified**

**Mohawk College, Hamilton**

### **Peer Tutor at Learning Resource Center**

**Mohawk College, Hamilton**

September 2006 – May 2007

- Provided peer support to fellow nursing students by assisting in their learning
- In charge of Learning Resource Center during school after hours (4pm – 8pm)

### **Empowerment & Grief Workshop**

**McMaster University, Hamilton**

January 2007

- Two 4-hour workshops with experiential situations

## **Volunteer Experience**

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- Participant in a research study; entitled 'Affective Decision Making in Women' (November 2007)
- D.R.E.A.M.S. @ Mac, Dominican Republic; assisted to build three homes for needy families (February 2007)
- Participant in Level II Student Orientation (September 2006)
- McMaster Welcome Week Leader and Student Mentor for first year students (September 2004 – September 2005)
- Atrium Villa, Hamilton, Ontario, activity coordinator at an old age home (January 2004 – April 2004)

## **References Available Upon Request**

